

Prayers

Opening Prayer

Om saha naavavathu Saha nau bhunakthu Saha veeryam kara vaavahai
Tejasvinaa vadhee tamasthu Maa vidvisha vahaihi Om Shantih Shantih Shantih

*May the Lord protect us, May He cause us to enjoy, May our studies be thorough and faithful,
May we never quarrel with each other and May Peace and Harmony prevail.*

Guru Stotram

Akhand-Mandalakaram vyaptam yena characharam.
Tatpadam darshitam yena tasmai Shri Gurave Namah.

*My Salutations to that Guru who revealed to me that Truth, which is unfragmented, infinite, timeless divinity,
and which pervades the entire universe – movable or immovable.*

Agyan timir-andhasya Gyananjan Shalakaya.
Chakshur-oonmeelitam yena tasmai Shri Gurave Namah.

*My Salutations to that reverential teacher, who opened my eyes, by applying the divine collyrium of self-
knowledge in my eyes, which had got blinded by the cataract of ignorance.*

Gurur-Brahma Gurur-Vishnu Gurur-Devo Maheshwarah.
Guru-sakshat Para-Brahma tasmai Shri Gurave Namah.

*Guru himself is the creator, sustainer and the destroyer. He is verily the very transcendental divinity, (the
timeless life-principle, which is the very essence of the creator etc.) My reverential salutations to that glorious
teacher.*

Sthavaram jangamam vyaptam yat kinchit sacharacharam.
Tatpadam darshitam yena tasmai Shri Gurave Namah.

*My Salutations to that reverential teacher, who revealed to me that which pervades everything in this world,
whether animate-inanimate, or movable-immovable.*

Chinmayam Vyapi yat-sarvam trailokyam sacharacharam.
Tatpadam darshitam yena tasmai Shri Gurave Namah.

*My salutations to that glorious Guru, who revealed to me that self- effulgent divinity (the pure unconditioned
consciousness) which pervades all the three worlds, with all its movable and immovable objects.*

Sarva-Shruti shiro-ratna virajit-padambujah.
Vedantambuja Suryo yah tasmai Shri Gurave Namah.

My Salutations to that reverential teacher, who is like a sun for the blossoming up of the lotus like mantras of upanishads; and at whose lotus feet lie the beautiful flowers, symbolizing the best of jewels of vedas.

Chaitanya Shashwatah shanto vyomatito niranjanah.
Bindunaad kalatitah tasmai shri Gurave Namah.

My Salutations to that reverential teacher, who is verily the eternal consciousness, which is of the nature of peace. He transcends space (& time), the concept of zero, the primordial sound and all parts.

Gyanshakti-samaroodhah tattwamala vibhooshitah.
Bhukti-mukti -pradata cha tasmai Shri Gurave Namah.

My Salutations to that glorious Gurudev, who is established in Knowledge and Power, who is adorned with the garland-of -Knowledge and who grants both worldly prosperity and spiritual liberation.

Aneka-janma-sampraptah-karma-bandha-vidahine.
Atma-gyan-pradanen tasmai Shri Gurave Namah.

My Salutations to that reverential teacher who by imparting the Self- Knowledge, has burnt away the very bondage of actions in a whiff, which had even though taken infinite lives to accumulate.

Shoshanam bhavsindhoshcha gyapanam saarsampadah.
Guroh-padodakam samyak tasmai Shri Gurave Namah.

Even by the very sipping of the charanamruta (the water with which the feet of guru are washed), we get blessed by the eternal wealth (of liberating knowledge), and which dries up the endless ocean of seeking & the subsequent sorrows. My Salutations to the lotus-feet of that glorious Gurudev.

Na Guror-adhikam tattvam na Guror-adhikam tapah.
Tattva-gyanat-param nasti tasmai Shri Gurave Namah.

There is no higher truth than the Guru, no higher penance than (service to) the Guru, and there is nothing higher than Realisation of the Knowledge of the truth imparted by the Guru. My salutations to such a Gurudev, who is himself that very timeless truth (and who has taken up a form to bless his disciples like us with real knowledge).

Man-naathah Shri Jagan-nathah Mat-guru-shri jagad-guruhu.
Mad-atma sarva-bhutatma tasmai Shri Gurave Namah.

My Lord is the Lord of Universe; My teacher is the teacher of the entire universe; and my Self is the Self of all. My salutations at the lotus-feet of such a Guru, who has revealed such knowledge to me.

Gurur-adir-anadish-cha Guruh-param-daivatam.
Guroh-parataram nasti tasmai Shri Gurave Namah.

The Guru is the beginning of the Universe, yet he himself is without a beginning, the Guru is the highest deity, and there is none higher than the Guru. My reverential salutations at the lotus-feet of such a Gurudev.

Tvameva mata cha pita tvameva
tvameva bandhushcha sakha tvameva.
Tvameva vidya dravinam tvameva
tvameva sarvam mama-dev-deva.

O God! You alone are my mother, my father, my brother, and my friend. You alone are the knowledge, my real wealth. You are everything for me. You are verily my God alone.

Closing Prayers

Om Sarve Bhavantu Sukhinah, Sarve Santu Niraamayaaha, Sarve Bhadrani Pashyantu, Maa kaschid dukh bhaag
Bhavet Om Asato Maa Sadgamaya, Tamaso Maa Jyotir Gamaya Mrityor Maa Amritam Gamaya
Om PoorNamadaH PoorNamidaM, PoorNaath PoorNamudachayate PoorNasya Poor Namaadaaya,
PoorNamevaavashishhyate Om Shanti Shanti Shanti Om

Hari Om, Shree Gurubhyo Namaha Hari Om

*May All be Happy, May All be Free from Illness, May All See what is Auspicious, May no one Suffer,
Keep me not in state of unreality, but make me go towards reality, Keep me not in state of darkness, but make
me go towards light, Keep me not in world of mortality, but make me go towards world of immortality,
Everything in this universe is complete and infinite. Anything created out of something that is complete is also
complete. When something is removed from this infinite universe, infinity still remains.*

Daily Prayers

Early Morning Upon Waking Up

Karaagre vasate Lakshmi Kara madhyetu Saraswati Kara moole tu Govindam Prabhaate kara darshanam

On the tip of your palm is Goddess Lakshmi, On the middle of your palm is Goddess Sarasvati, In the base of your palm is Lord Govinda, In this way we look at our hand and pray.

Before Getting Down From Bed

Samudra vasane Devi Parvata stana mandale Vishnu patnee namasthubhyam Paada sparsham kshmasvame

Mother Earth, You who have the ocean as Your clothes, and mountains as Your body, who is the wife of Lord Vishnu, I bow to you. Please forgive me for touching you with my feet.

During Bath

Gange ca Yamune devi Godaavari Saraswati Narmade Sindu Kaaveri Tirthesmin sannidhim kuru

I take bath in this water, Which is the water from all holy rivers. Such as the Ganges, the Yamuna, Godavari and Saraswati.

Before Meals

Brahmaarpanam brahma havihi Brahmaagnau Brahmana hutam Brahmaiva tena ganthavyam Brahma karma samaadhinaah

The ladle is Brahman, the oblation is Brahman. The offering is poured by Brahman in the fire of Brahman. Brahman alone is to be reached by him, Who sees Brahman in all actions.

Before Studies

Saraswati namasthubhyam Varade kamaa roopini Vidyaarambham karishyaami Siddhir bhavathu me sadaa

O Goddess Saraswati, my humble prayers to You, Who are fulfiller of all my wishes. I start my studies with the request that You will bestow Your blessings on me.

Gayathri Mantra

Om bur bhuvah svaha Tat savitur varenyam Bhargo devasya dheemahi Dhiyo yo nah prachodayaat

I meditate on That Sun who is the illuminer of the three worlds, The earth, the heavens and the interspace, Who is most adorable, effulgence of the divine powers. May That Sun illumine our Intellect.

Before Lighting Evening Lights

Shubham karothi kalyanam Aarogyam dhana sam padaha Shatru buddhi vinaashaya Deepa jyothir
namosthute

*I pray to that lamp-light, which brings, The brilliance, the auspiciousness, the health, The wealth and
possessions, For the destruction of bad intellect.*

Bedtime Prayer

Karacharanakrutam Vaak Kaayajam Karmajam Vaa
Shravananayanajam Vaa Maanasamvaa Apraadham
Vihiitamavihitam Vaa Sarvameetat Kshamasva
Jaya Jaya Karunaabdhe Shreemahaadevashambho

*Kindly forgive my wrong actions done knowingly or not,
Either through my organs of actions (hands, feet, speech),
Or through organs of perceptions (ears, eyes) or by my mind.
Glory unto You O Lord, who is the ocean of kindness.*

Hanuman Dhyana Shloka

Buddhir Bhalam Yaso Dhairyam Nirbhayatvam Arogatha Ajaadyam Vaak Patutvam Cha Hanumat Smaranaat
Bhavet

*If one worships Hanuman, he/she will be blessed with intelligence, strength, fame, courage, fearlessness, good
health, alertness and power of speech*

Birthday Song

Janma dinamidam ayi priya sakhe Santanotu te sarvadaa mudam Praarthayaamahe bhava shataayusi
Ishavarassadaa tvaam ca rakshatu Punya karmanaa kirtimarjaya jeevanaam tava bhavatu saarthakam

Friend, may this birthday of yours bring in auspiciousness and happiness. We pray that you enjoy hundred beautiful years of life and May the Lord always protect you. May you earn fame by your virtuous actions and May your life be fulfilling.

Graduation Song

abhinandanam abhinandanam deekshaantakaale abhinandanam
udyamena hi vardhate yashaH kuru karma tvam sarvadaa tataH
svasti vaH sadaa shobhane pathi praarthayaamahe ishvaram prati
abhinandanam abhinandanam deekshaataakaale abhinandanam

*Greetings and congratulations on your graduation and convocation ceremony.
Success and recognition are achieved by diligence alone. Therefore, always remain committed to action.
We pray to God to bless you so that you always walk on the path of goodness and nobility.
Greetings and congratulations on your graduation and convocation ceremony.*

Gurudev Aarti

Arati sri chinmaya sadguruki, divya rupa murati karunaki. Arati sadguruki.
Caranome unake santi samaye, sarangataki bhranti mitaye Papa tapa santapa haranki
Arati sri chinmaya sadguruki...
Veda upanishad gita ko gaya, dharma sanatana phira se jagaya Suddha niti priti Samkaraki.
Arati sri chinmaya sadguruki
Siddhabari ki tapo bhumi me, nitya biraje guru hamre Bhakta hrdaya ananda srota ki.
Arati Sri cinmaya sadguruki

Offering Prayers to Shri Chinmaya Sadguru, in whom divinity and compassion are personified. His feet are the abode of Peace, He removes the misapprehension of those who surrender to him, and loots away their sins sorrows and anxieties. He sang the Vedas, Upanishads and Geeta, rekindled the light of Sanathana Dharma. He expounded the logic of Adi Shankara's philosophy. Our revered Gurudev resides eternally in the Tapobhumi of Sidhabari. And is the eternal source of Bliss in the hearts of his devotees.

Chinmaya Mission Pledge

We stand as one family,
Bound to each other with love and respect.

We serve as an army, Courageous and disciplined,
Ever ready to fight against all low tendencies And false values, within and without us.

We live honestly
The noble life of sacrifice and service, Producing more than what we consume And giving more than what we take.

We seek the Lord's grace
To keep us on the path of virtue, courage and wisdom.
May Thy grace and blessings flow through us To the world around us.

We believe that the service of our country, Is the service of the LORD of LORDS
And devotion to the people
Is the devotion to the Supreme Self.

We know our responsibilities
Give us the ability and courage to fulfill them.
Om Tat Sat.