

ACTIVITIES AT CHINMAYA GIRIDHAR - May 2019

DATE	ACTIVITY	DAY/TIME	FREQUENCY	COORDINATOR	COMMENT
01-May-19	Ramayan Chanting	Wednesday 7.30-8.30 P.M.	Ist Wednesday	Satya & Shrutika	
05-May-19	Gita Study Group/Bhajans	Sunday 8:30 am – 10:00 am	Weekly		Adult class
05-May-19	Bala Vihar Classes/Assembly	Sunday 10:30 am – 12 Noon	Weekly	Vinita Uppal	BAL VIHAR
05-May-19	Parent Study Class	Sunday 10:30 am – 11:30 am	Weekly	Manoj	
08-May-19	Gurudev's Birthday	Wednesday 7:00 pm – 8:00 pm	Special Event	Meeraji	Paduka Puja/Birthday song & Prasad
10-May-19	Retreat	Friday 4:00 pm – Sunday 1.00 P.M.	Special Event	Gaurangji	Canmore Retreat-Right Attitude/Karma Yoga
12-May-19	Retreat	Friday 4:00 pm – Sunday 1.00 P.M.	Special Event	Gaurangji	Canmore Retreat-Right Attitude/Karma Yoga
12-May-19	Bala Vihar/Parent Study Class	Sunday 10:30 am – 11:30 am	Weekly	Manoj	No Classes
18-May-19	Guided Meditation	7:30 pm – 8:30 pm	Full Moon	Pandit Dabralji	Guided Meditation
19-May-19	Gita Study Group/Chanting	Sunday 8:30 am – 10:00 am	Weekly	Meera M /Abhimanyuji	NO Classes-Victoria Day
19-May-19	Bala Vihar Classes/Assembly	Sunday 10:30 am – 12 Noon	Weekly	Vinita Uppal	NO Classes-Victoria Day
19-May-19	Parent Study Class	Sunday 10:30 am – 11:30 am	Weekly	Manoj	NO Classes-Victoria Day
24-May-19	Vedanta Study Group - Kenopanishad	Friday 7:00 pm – 8:00 pm	2nd & 4th Friday	Jill	Video lecture followed by discussion
26-May-19	Gita Study Group/Chanting	Sunday 8:30 am – 10:00 am	Weekly	Meera M /Abhimanyuji	Gita Lectures followed by Chanting practice
26-May-19	Bala Vihar Classes/Assembly	Sunday 10:30 am – 12 Noon	Weekly	Vinita Uppal	
26-May-19	Parent Study Class	Sunday 10:30 am – 11:30 am	Weekly	Manoj	